CLEANING SCHEDULE

Week of .....

Every day about 20 minutes

	M	T	W	T	F	S	S
Make beds	○	○	○	○	○	○	○
Dishes / dishwasher	○	○	○	○	○	○	○
Wipe counters	○	○	○	○	○	○	○
10-minute tidy	○	○	○	○	○	○	○
Sweep kitchen	○	○	○	○	○	○	○
Take out trash	○	○	○	○	○	○	○
One load of laundry	○	○	○	○	○	○	○

One job a day about 25 minutes

MON	TUE	WED	THU	FRI	SAT	SUN
 Bathrooms ☐	 Dust ☐	 Vacuum ☐	 Mop floors ☐	 Laundry + sheets ☐	 Fridge clean-out ☐	 Rest + plan ☐

Once a month

- ☐ Wipe baseboards
- ☐ Wash windows
- ☐ Vacuum the couch
- ☐ Wash pillows
- ☐ Clean light switches
- ☐ Clean the microwave
- ☐ Clean the oven
- ☐ Declutter a drawer
- ☐ Dust ceiling fans
- ☐ Clean out the car

Clean-house reward

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